

A Brain-Friendly Guide

Head First SQL



Help Greg
improve his data
relationships



Stop misplacing
your primary
and foreign keys



Finally be
able to explain
what's normal



Load important SQL
query concepts directly
into your brain



Avoid
embarrassing
ALTER
scenarios



Put your SQL knowledge
to the test with dozens
of exercises



O'REILLY®

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Table of Contents (the real thing)

Intro

Your brain on SQL. Here you are trying to *learn* something, while here your *brain* is doing you a favor by making sure the learning doesn't *stick*. Your brain's thinking, "Better leave room for more important things, like which wild animals to avoid and whether naked snowboarding is a bad idea." So how *do* you trick your brain into thinking that your life depends on knowing SQL?

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